



WELCOME GUIDE INTERNATIONAL STUDENTS

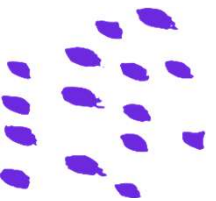
BSB
BURGUNDY SCHOOL OF BUSINESS

We believe
in you *if*



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CHECKLIST BEFORE YOU LEAVE HOME



- Valid ID documents (passport, ID card)
- Valid student visa (if applicable)
- Flight documents
- Accommodation documents
- Health documents (medical record, birth certificate including french translation, repatriation insurance...)
- Emergency contact numbers
- Erasmus documents or any documents required by your home institution
- A credit card with international options available
- A small amount of cash (€)
- International phone card or mobile
- French or international chargers

GETTING YOUR VISA



It is compulsory for non-european students to obtain a valid visa before entering the French soil.

Whether you come for one semester or one year, you will need a student visa. It must cover the duration of your studies at BSB.

International students can apply for an online visa on [France-Visas](https://www.france-visas.gouv.fr/). Your visa will be granted subject to different criterias, please ensure to check with your local authorities (consulate or embassy).

More information at : <https://www.campusfrance.org/en/student-visa-for-france-login-to-france-visas>



YOUR ARRIVAL



- Get a stamp on your passport on your arrival at the French airport
- Keep your acceptance letter with you
- Your landlord is informed about your arrival date and time for the handover of the keys
- Public transportation tickets for you to reach your final destination

Train tickets platform [SNCF Connect](https://www.sncf-connect.com/)

BIENVENUE



BSB offers a pick-up service to new international students in the main train station in Dijon and Lyon. To register to this service, you will be asked to complete an online survey. Be sure to respond to this survey before the deadline.

The Pick-up service will run from 11:00am to 11:00pm on specific dates, according to availability.

Outside of these dates you can book a taxi or use public transportation.
Dijon : [Divia](https://www.divia.com/)
Lyon : [TCL](https://www.tcl-lyon.com/)

ARRIVING IN FRANCE

DIJON

Dijon is “Capital of the Dukes of Burgundy”. BSB's main campus has been in Dijon since our founding in 1899. More than 126 different nationalities in the city.

LYON

Lyon is also called the second largest digital hub in France. Lyon is the 3rd largest City in France. Lyon campus is operating since 2016.

POPULATION : 67,8 MILLIONS 

 ELECTRICS : 230V 50Hz, E TYPE

TYPICAL GASTRONOMIC FOOD 

 OCCIDENTAL WEATHER – HOT IN THE SUMMER, COLD IN THE WINTER

TIMEZONE : UTC +1 

EVENTS IN THE CITY

- Dijon : destinationdijon.com , Jondi.fr
- Lyon : lyon.fr , lyon-france.com



GETTING AROUND

Both campuses are in the city center and accessible by public transportation. Given this practical location, many of our students walk or ride bicycles to the school.



Dijon campus : 29 rue sambin, 21000 Dijon
Get off at Godrans stop and or at République stop.

Lyon campus : 37 rue Saint-Romain, 69008 Lyon
By tram: take the T4 tram in direction of “Hop. Feyzin Venissieux”.
Get off at the “Jet d’Eau – Mendès France” stop.



More information at :
Dijon public transportation : Divia
Lyon public transportation : TCL
Train company : SNCF

EUROPEAN CITIES ACCESSIBLE FROM FRANCE

- Switzerland 3h00
- Italy 2h00
- United Kingdom 2h00
- Germany 3h00
- Spain 1h30

And many others...



ACCOMMODATION IN FRANCE



BSB ACCOMMODATION PARTNERS

STUDAPART : It is an online platform where you can find housing offers going from flatshare to solo studios including student residences. Do not hesitate to contact their multilingual support team at contact@studapart.com. More details at : Studapart.com

CROUS DIJON : An agreement has been signed between the regional institution, CROUS, and BSB. It allows us to allocate a number of rooms in student residences. Registration link will be shared by email by our team before the beginning of courses, based on a first come first served policy.

In case there is no more spots available under this agreement, you can check individual registration at : [here](#)

More information : bsb.international@bsb-education.com

CAF



This platform allows international students that have a valid residence permit to apply for housing allowance called "APL" (*Aide Personnalisée au Logement*). If you are eligible, you may be reimbursed for a part of your monthly rent. Registration is free. Make sure you do the online simulation and application as soon as possible when you arrive in France (even if you don't have all the required papers yet), because the date of your online application is the date from which you will get money. How to apply? www.caf.fr

HOUSING GUARANTORS



When you rent a flat or student accommodation in France, private or public, the landlord requires the signature of a third person, to grant for your ability to pay your monthly rent. It is what we call a guarantor (*garant*). More information at VISALE (free) : [Visale - La caution Nouvelle\(s\) Génération\(s\)](#)

COMPULSORY HOUSING INSURANCE

- Civil liability insurance (*responsabilité civile*) : it covers any accidental damage that the policyholder as a private person, causes to others or to thier property.
- Housing insurance (*Assurance habitation*): to ensure the accommodation if you are a tenant in case of damage to the property including common spaces.

ALTERNATIVE OPTIONS

Depending on your personal preferences, you can choose to rent an accommodation out of our partners' offers. We highly suggest you read carefully the private housing ads and preferably refer to official housing offers.

Useful websites to build your housing searches : Lesestudines.com ; Seloger.com



HOW TO ORGANIZE YOUR BUDGET €

COST OF LIVING

It is important to keep in mind that when you are moving to France, you will have to pay for multiple expenses. You will need to find accommodation, consider the cost of food, monthly subscriptions and general lifestyle.



Accommodation 500€-900€ per month



Food 200€-300€ per month



Public transportation 30€-50€ per month



Other expenses 80€-110€ per month

WORKING IN FRANCE

Your long-stay student visa valid as a residence permit will allow you to work a maximum of 964 hours per year, equivalent to 20 hours per week, to supplement your financial resources.

More information at : etudiant.gouv.fr

More information : bsb.international@bsb-education.com

OPENING A BANK ACCOUNT

You can find multiple bank companies in France such as : Banque Populaire, LCL, Caisse d'Epargne, Crédit Agricole etc.

Opening a bank account in France will allow you to manage your French money and register to some administrative procedures such as housing allowance. Everything can be done directly online or at the bank offices.

Ensure to ask about student account packages, it may be cheaper than the usual account packages.

BSB have partnerships with 3 bank companies that can allow you to have special discounts : Caisse d'Epargne (Lyon), Banque Populaire (Dijon) and Société Générale (Dijon). Our partners will be able to chat with you during the induction days.

More information : bsb.international@bsb-education.com

AVERAGE PRICES OF A FEW BASE PRODUCTS:

- Baguette : 1,20€
- Croissant : 1,10€
- 1kg of pasta : 1,50€
- Coffee in a bar or restaurant : 2,50€
- Fastfood meal : 10€
- Meal in a restaurant : 25€
- Sandwich from a bakery with a drink 7€ to 12€



ON CAMPUS

AREAS DEDICATED TO STUDENTS

- Pathfinder: develop your career plans (job in France, internship) and receive help to build your future (interview, CV, cover letter etc.)
- The Entrepreneurship Garden (TEG)
- Learning center (open on Saturdays) and Digital learning center
- Gym room
- Design lab
- Wine and spirits cellar
- HUB : dedicated area to support students in their daily issues
- One Health Center

Our campuses are open :

From ~ 7.30am to 6pm (week)

From ~ 7.30am to 8pm (saturdays)

From ~2pm to 6pm (sundays)



STUDENT CLUBS

At BSB we have around 30 student clubs. They are specialized in a range of areas, ranging from arts, to sport, finance, internationalization or wine & spirits.

As an exchange students you can participate to their events and volunteer in projects.

2 student clubs are specialized in the integration of international students on the Dijon and Lyon campus:

- Melting Potes
meltingpotes@bsb-education.com
- Ly'On board
lyonboard@bsb-education.com

More information at :
[BSB student clubs](#)

STUDENT SUPPORT

WELCOMING SERVICES

Your first weeks in France can be overwhelming, from managing your studies, being in charge of your personal expenses, to making new friends. BSB will be here to guide you through multiple student services : pick up sessions, induction days, practical workshops during the first months of your arrival, international events, etc.

More information : bsb.international@bsb-education.com

DISABILITY SUPPORT SERVICE AND INTERNATIONAL MOBILITY

This support service was created in 2009 to assist students with special needs and carry out activities to raise awareness and promote inclusive education. It includes support both academic and social supports (flexible time arrangements, rest breaks, language exams flexibility, individual sessions etc).

More information : missionhandicap@bsb-education.com

ONE HEALTH CENTER

With the personal development of each student at the heart of BSB, the “One Health Center” program was created in 2023. Students will find answers to questions relating to well-being. Two psychologists and a psychotherapist are available on campus. Don't hesitate to make an appointment if you'd like to receive support or simply discuss your needs..

More information : onehealthcenter@bsb-education.com



HEALTH

FRENCH HEALTH INSURANCE



France has a high-quality healthcare system that offers universal coverage for all citizens, regardless of age or economic situation.

Registering to the French Health Insurance system is free.

When applying to the French health insurance, you can get a partial refund of your medical cares.

The French healthcare system covers both public and private hospitals, doctors, and other medical specialists who provide healthcare to every resident in France.

Registering to the French health insurance system is compulsory for non-European students on arrival.

Students from the EU/EEE/Lichtenstein, Norway or Switzerland must have a valid European health insurance card or private insurance.

It is strongly advised to subscribe to a private insurance/top-up insurance to be covered for hospitalization, repatriation or any fees that won't be fully covered by the French Health Insurance.

Key documents needed to register online:

- national ID card, or passport
- evidence of your enrollment in an institute of higher education for the appropriate academic year
- bank account identification details (RIB)
- a complete copy of your birth certificate including French or english translation
- a valid residence permit "titre de séjour"

<https://etudiant-etranger.ameli.fr/#/>

More information : bsb.international@bsb-education.com



“ MÉDECIN TRAITANT ” : GP



If you are feeling unwell, visit a general practitioner. A médecin traitant is a doctor that treat any medical condition that is not life-emergency. In case of emergency please visit a hospital or call the 15

You can make an appointment online at : [Doctolib](#)

HOSPITALS

Open 24/24H, 7/7. If you have an emergency, please call the 15 or directly visit the hospital.

If you visit the hospital for minor issue at a busy time, you may have to wait quite some time as hospitals receive priority care.

EMERGENCY PHONE NUMBERS

- 112**: [European SOS number](#) - can be dialed to reach emergency services – medical, fire and police – from anywhere in France from any telephone (landline, pay phone or mobile cellular phone).
- 18**: Emergency number which will connect you to the fire brigade ([SAPEURS POMPIERS](#)) who can redirect you to the most appropriate service.
- 15**: [SAMU \(SERVICE D'AIDE MÉDICALE D'URGENCE\)](#) is for medical aid and an ambulance service + to call outside regular working hours and days (example : Sunday)
- 17**: [Police / GENDARMES](#).
- 114**: Text messaging service for the hearing impaired.

GETTING TO KNOW FRENCH CULTURE

IN DIJON

Learning/speaking french

- Café multilingual:
[Café polyglotte de Dijon | Association loi 1901 \(cafe-polyglotte-dijon.fr\)](#)
- Language exchange:
[Échange linguistique à Dijon | Trouve des partenaires d'échange linguistique avec Tandem Dijon](#)
- French classes (€):
[Alliance Française de Dijon-Bourgogne | Apprendre le Français \(af-france.fr\)](#)

Cultural info & events

- International events :
[Rendez-vous internationaux / Ville internationale / Dijon Capitale - Ville de Dijon](#)
- International and cultural association:
[Association de l'Amérique Latine en Bourgogne | HelloAsso](#)

DIJON TOURISM

Tourism office> [Tourisme et visite à Dijon - Office de Tourisme de Dijon Métropole, Bourgogne Franche-Comté \(destinationdijon.com\)](#)



LYON TOURISM

Tourism office> [Home - Lyon France \(lyon-france.com\)](#)

Slow tourism > [Randonnée autour de Lyon - Balade, Promenade au départ de Lyon \(mespiedsurterre.fr\)](#)



IN LYON

Learning/speaking french

- Café de conversation en français langue étrangère (1 out of 2 Tuesday from 5.30pm to 6.45pm) : FREE
<https://www.bm-lyon.fr/16-bibliotheques-et-un-bibliobus/bibliotheque-du-7e-gerland/article/nos-rendez-vous>
- Café Langues (Mercredi de 17h à 18h) au CRIJ, Lyon 2 : FREE
[CAFÉ LANGUE ANGLAIS – MDE Vallée du Rhône \(europe-valleedurhone.eu\)](#)
- French classes (€): [Alliance Française Lyon | Cours de langue française \(aflyon.org\)](#)

Cultural info & places

- A student pass for culture: 18€ (3 show tickets in Lyon +1 cinema ticket)
[Pass Culture étudiant de la Métropole de Lyon - Lyon Campus](#)
- International and cultural association:
[KoToPo, espace culturel international et cours de langues, Lyon \(France\)](#)
- Expats' community
[Expats in Lyon - Community and Forum for Expats \(internations.org\)](#)
- Cultural/students' Houses
[maison-latine-rhone-alpes.com/fr/presentation/](#)
[La Maison des étudiants de la Métropole de Lyon - Lyon Campus.](#)

HOW TO BECOME THE PERFECT BSB STUDENT

- Participate to our induction days and ask us your questions
- Download our HELLO BSB app to get the last notification about the school
- Join and activate the notifications on our “International students in France” group on Teams
- Be active into the student life on campus : join a student club, take part to events, engage in the international student committee, participate in the school’s conferences etc.
- Give us your feedbacks, tips and hints by participating to our events and surveys
- Practice your French through the courses and events, by exchanging with local students
- Enjoy your time in France by discovering the cities during the public holidays, try the French gastronomy and culture by taking part in our “Gastronomic trip”

WHAT TO KNOW AS A “BON FRANÇAIS*”

* TYPICAL FRENCH CONNOISSEUR

FAMOUS WHITE WINES AND RED WINES



Aligoté, Chardonnay, Sauvignon...



Pinot noir, Cabernet, Merlot...

WINE PAIRING “ACCORDS METS ET VIN”



KEY WORDS

- *Vin rouge et vin blanc* : red wine and white wine
- *Millésime* (vintage) : it is the year and place that it was made before being stored to improve it.
- *Cépage* : variety of wine
- AOP “*Appellation d’Originine Protégée*” : quality label of regional products
- *Climat* : wine-growing plot
- *Cave* (cellar) : where you will probably go if you want to discover the French wines



DO NOT HESITATE TO CONTACT US AT

bsb.international@bsb-education.com

+33 (0) 380 725 975