

WELCOME GUIDE INTERNATIONAL STUDENTS

SALBSB RURGUNDY SCHOOL OF RUSINESS

We believe in you∰

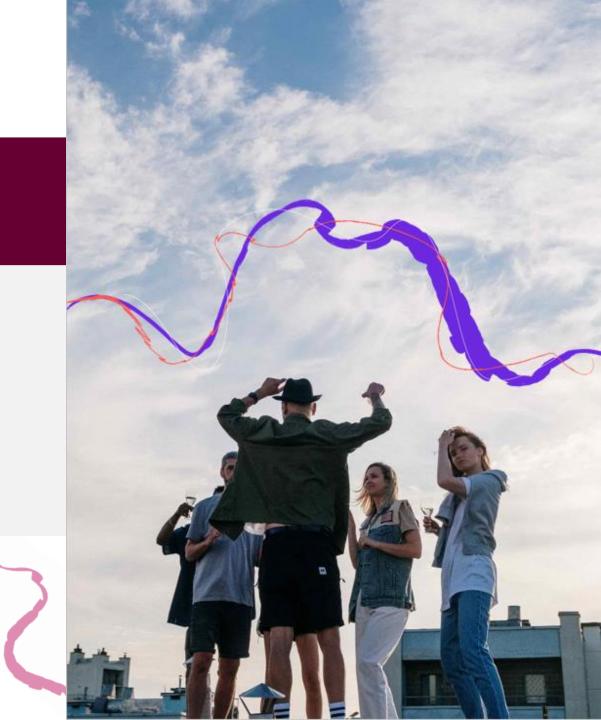






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- Valid ID documents (passport, ID card)
- Valid student visa (if applicable)
- Flight documents
- Accommodation documents
- Health documents (medical record, birth certificate including french translation, repatriation insurance...)
- Emergency contact numbers
- Erasmus documents or any documents required by your home institution
- A credit card with international options available
- A small amount of cash (€)
- International phone card or mobile
- French or international chargers

It is compulsory for non-european students to obtain a valid visa before enterring the French soil.

Whether you come for one semester or one year, you will need a student visa. It must cover the duration of your studies at BSB.

International students can apply for an online visa on <u>France-Visas</u>. Your visa will be granted subject to different criterias, please ensure to check with your local authorities (consulate or embassy).

More information at :

https://www.campusfrance.org/en/stu dent-visa-for-france-login-to-france-visas

- Get a stamp on your passport on your arrival at the French aiport
- Keep your acceptance letter with you
- Your landlord is informed about your arrival date and time for the handover of the keys
- Public transportation tickets for you to reach your final destination

Train tickets platform SNCF Connect

BSB offers a pick-up service to new international students in the main train station in Dijon and Lyon. To register to this service, you will be ask to complete an online survey. Be sure to respond to this survey before the deadline.

The Pick-up service will run from 11:00am to 11:00pm on specific dates, according to availability.

Outside of these dates you can book a taxi or use public transportation.

Dijon : <u>Divia</u> Lyon : <u>TCL</u>

ARRIVING IN FRANCE

DIJON

Dijon is "Capital of the Dukes of Burgundy". BSB's main campus has been in Dijon since our founding in 1899. More than 126 different nationationalities in the city.

LYON

Lyon is also called the second largest digital hub in France Lyon is the 3rd largest City in France. Lyon campus is operating since 2016.

POPULATION: 67,8 MILLIONS





ELECTRICS: 230V 50Hz, E TYPE

TYPICAL GASTRONOMIC FOOD





OCCIDENTAL WEATHER - HOT IN THE SUMMER, COLD IN THE WINTER

TIMEZONE : UTC +1



EVENTS IN THE CITY

• Dijon: destinationdijon.com, Jondi.fr

• Lyon: lyon.fr, lyon-france.com











GETTING AROUND

Both campuses are in the city center and accessible by public transportation. Given this practical location, many of our students walk or ride bicycles to the school.

Dijon campus: 29 rue sambin, 21000 Dijon Get off at Godrans stop and or at République stop.

Lyon campus: 37 rue Saint-Romain, 69008 Lyon By tram: take the T4 tram in direction of "Hop. Feyzin Venissieux". Get off at the "Jet d'Eau – Mendès France" stop.

More information at:

Dijon public transportation: Divia Lyon public transportation: TCL

Train company: SNCF

EUROPEAN CITIES ACCESSIBLE FROM FRANCE

- Switzerland 3h00
- Italy 2h00
- United Kingdom 2h00
- Germany 3h00
- Spain 1h30

And many others...



ACCOMMODATION IN FRANCE

BSB ACCOMMODATION PARTNERS







ALTERNATIVES OPTIONS

Depending on your can choose to rent an accommodation out of our partners' offers. We highly suggest you read carefully the private housing ads and preferably refer to official housing offers.

Useful websites to build your housing searches: Lesestudines.com: Seloger.com



STUDAPART: It is an online platform where you can find housing offers going from flatshare to solo studios including student residences. Sign up with your personal or BSB email using the code « HOUSINGBSB ». Do not hesitate to contact their multilingual support team at booking@studapart.com or by phone at +33 1 80 92 64 01. More details at: Studapart.com

CROUS DIJON: An agreement has been signed between the regional institution, CROUS, and BSB. It allows us to allocate a number of rooms in student residences. Registration link will be shared by email by our team before the beginning of courses, based on a first come first served policy.

In case there is no more spots available under this agreement, you can check individual registration at: here

More information: bsb.international@bsb-education.com



This platform allows international students that have a valid residence permit to apply for housing allowance called "APL" (Aide Personnalisée au Logement). If you are eligible, you may be reimbursed for a part of your monthly rent. Registration is free. Make sure you do the online simulation and application as soon as possible when you arrive in France (even if you don't have all the required papers yet), because the date of your online application is the date from which you will get money. How to apply? www.caf.fr

HOUSING GUARANTORS

When you rent a flat or student accommodation in France, private or public, the landlord requires the signature of a third person, to grant for your ability to pay your monthly rent. It is what we call a guarantor (garant). More information at VISALE (free): Visale - La caution Nouvelle(s) Génération(s)

COMPULSORY HOUSING INSURANCES

- Civil liability insurance (responsabilite civile): it covers any accidental damage that the policyholder as a private person, causes to others or to thier propery.
- Housing insurance (Assurance habitation): to ensure the accommodation if you are a tenant in case of damage to the property including common spaces.

HOW TO ORGANIZE YOUR BUDGET €

COST OF LIVING

It is important to keep in mind that when you are moving to France, you will have to pay for multiple expenses. You will need to find accommodation, consider the cost of food, monthly subscriptions and general lifestyle.



Accommodation 400€-800€ per month



Food 200€-300€ per month



Public transportation 30€-50€ per month



Other expenses 80€-110€ per month

WORKING IN FRANCE

Your long-stay student visa valid as a residence permit will allow you to work a maximum of 964 hours per year, equivalent to 20 hours per week, to supplement your financial resources.

More information at: etudiant.gouv.fr

More information: bsb.international@bsb-education.com

OPENING A BANK ACCOUNT

You can find multiple bank companies in France such as: Banque Populaire, LCL, Caisse d'Epargne, Crédit Agricole etc.

Opening a bank account in France will allow you to manage your French money and register to some administrative procedures such as housing allowance. Everything can be done directly online or at the bank offices.

Ensure to ask about student account packages, it may be cheaper than the usual account packages.

BSB have partnerships with 3 bank companies that can allow you to have special discounts : Caisse d'Epargne (Lyon), Banque Populaire (Dijon) and Société Générale (Dijon). Our partners will be able to chat with you during the induction days.

More information: bsb.international@bsb-education.com

AVERAGE PRICES OF A FEW BASE PRODUCTS:

Baguette: 1,20€ Croissant: 1,10€ 1kg of pasta: 1,50€

Coffee in a bar or restaurant : 2€.

Fastfood meal: 8€.

Meal in a restaurant : 20€.

Sandwich from a bakery with a drink 5€ to 8€



ON CAMPUS

AREAS DEDICATED TO STUDENT

- Career center: develop your career plans (job in France, internship) and receive help to build your future (interview, CV, cover letter etc.)
- The Entrepreneurship Garden (TEG)
- Learning center (open on Saturdays) and Digital learning center
- Gym room
- Design lab
- Wine and spirits cellars
- HUB: dedicated area to support students in their daily issues

Our campuses are open:

From ~ 7.30am to 6pm (week)
From ~ 7.30am to 8pm (saturdays)
From ~2pm to 6pm (sundays)















STUDENT CLUBS

At BSB we have around 30 student clubs. They are specialized in multiple topics going from arts, to sport, finance, internationalization or wine.

As an exchange students you can participate to their events and volunteer on the projects.

2 student clubs are specialized in the integration of international students:

- Melting Potes meltingpotes@bsb-education.com
- Ly'On board lyonboard@bsb-education.com

More information at : BSB student clubs

STUDENT SUPPORT

WELCOMING SERVICES

Your first weeks in France can be overwhelming, from managing your studies, being in charge of your personal expenses, to making new friends. BSB will be here to guide you through multiple student services: pick up sessions, induction days, practical workshops during the first months of your arrival, international events, etc.

More information: <u>bsb.international@bsb-education.com</u>

DISABILITY SUPPORT SERVICE AND INTERNATIONAL MOBILITY

This support service was created in 2009 to assist students with special needs and carry out activities to raise awareness and promote inclusive education. It includes support both academic and social supports (flexible time arrangements, rest breaks, language exams flexibility, individual sessions etc).

More information : dap@bsb-education.com

PERSONAL DEVOLPMENT DEPARTMENT

BSB offers personal support through the help of 2 psychologists and one psychotherapist on campus. Do not hesitate to make an appointment with them should you simply want to talk or find deeper solutions.

More information: dap@bsb-education.com









HEALTH





FRENCH HEALTH INSURANCE

France has a high-quality healthcare system that offers universal coverage for all citizens, regardless of age or economic situation.

Registering to the French Health Insurance system is free.

When applying to the French health insurance, you can get a partial refund of your medical cares.

The French healthcare system covers both public and private hospitals, doctors, and other medical specialists who provide healthcare to every resident in France.

Registering to the French health insurance system is compulsory for non-European students on arrival.

Students from the EU/EEE/Lichtenstein, Norway or Switzerland must have a valid European health insurance card or private insurance.

It is strongly advised to subscribe to a private insurance/top-up insurance to be covered for hospitalization, repatriation or any fees that won't be fully covered by the French Health Insurance.

Key documents needed to register online:

- •national ID card, or passport
- •evidence of your enrollment in an institute of higher education for the appropriate academic year
- •bank account identification details (RIB)
- •a complete copy of your birth certificate including French or english translation
- •a valid residence permit "titre de séjour" https://etudiant-etranger.ameli.fr/#/

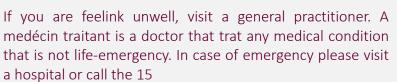
More information: <u>bsb.international@bsb-education.com</u>







"MÉDECIN TRAITANT": GP



You can make an appointment online at : Doctolib

HOSPITALS

Open 24/24H, 7/7. If you have an emergency, please call the 15 or directly visit the hospital.

If you visit the hospital for minor issue at a busy time, you may have to wait quite some time as hospitals receive priority care.

EMERGENCY PHONE NUMBERS

- •112: <u>European SOS number</u> can be dialed to reach emergency services medical, fire and police from anywhere in France from any telephone (landline, pay phone or mobile cellular phone).
- •18: Emergency number which will connect you to the fire brigade (<u>SAPEURS POMPIERS</u>) who can redirect you to the most appropriate service.
- •15: <u>SAMU (SERVICE D'AIDE MÉDICAL D'URGENCE)</u> is for medical aid and an ambulance service + to call outside regular working hours and days (example : Sunday)
- •17: Police / GENDARMES.
- •114: Text messaging service for the hearing impaired.



HOW TO BECOME THE PERFECT BSB STUDENT

- Participate to our induction days and ask us your questions
- Download our HELLO BSB app to get the last notification about the school
- Join and activate the notifications on our "International students in France" group on Teams
- Be active into the student life on campus: join a student club, take part to events, engage in the international student committee, participate in the school's conferences etc.
- Give us your feedbacks, tips and hints by participating to our events and surveys
- Practice your French through the courses and events, by exchanging with local students
- Enjoy your time in France by discovering the cities during the public holidays, try the French gastronomy and culture by taking part in our "Gastronomic trip"

WHAT TO KNOW AS A "BON FRANÇAIS*"

*TYPICAL FRENCH CONNOISSEUR

FAMOUS WHITE WINES AND RED WINES



Aligoté, Chardonnay, Sauvignon...



Pinot noir, Cabernet, Merlot...

WINE PAIRING "ACCORDS METS ET VIN"









KEY WORDS

- Vin rouge et vin blanc : red wine and white wine
- *Millésime* (vintage): it is the year and place that it was made before being stored to improve it.
- *Cépage* : variety of wine
- AOP "Appellation d'Orginine Protégée" : quality label of regional products
- *Climat* : wine-growing plot
- Cave (cellar): where you will probably go if you want to discover the French wines



DO NOT HESITATE TO CONTACT US AT

bsb.international@bsb-education.com

+33 (0) 380 725 975

